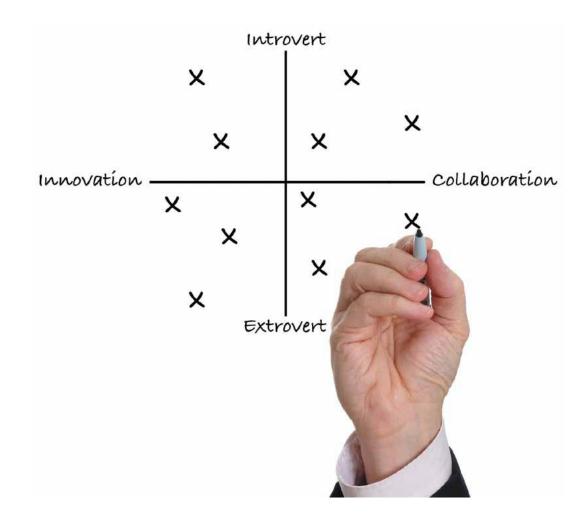
INTROVERTS VS. EXTROVERTS – DOES THE OFFICE ENVIRONMENT SUPPORT BOTH?



INTROVERTS VS. EXTROVERTS

NEIL MCLOCKLIN

Global Business Consultant at Cushman & Wakefield



NEIL MCLOCKLIN



CUSHMAN & 1 WAKEFIELD

1 BIG DAY – ONE BIG MESSAGE

ONE SIZE DOES NOT FIT ALL!

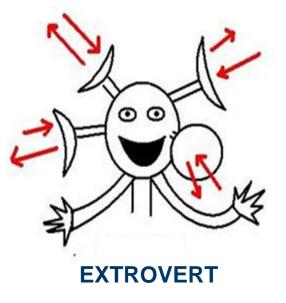
Need to migrate towards activity based environments that allow all personality types to thrive

SUSAN COOTE

Change Management Consultant at Cushman & Wakefield



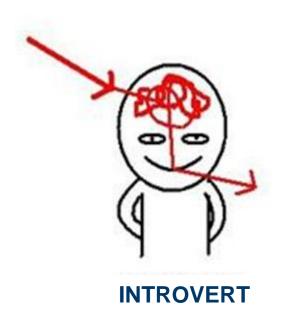
SUSAN COOTE



GLOBAL PREFERENCES: INTROVERTS : EXTROVERTS INNER AND OUTER ENERGY

40% OF WORLD'S

60% OF WORLD'S POPULATION





Question: Do you see yourself as predominantly introverted or predominantly extroverted?

OPTIONS

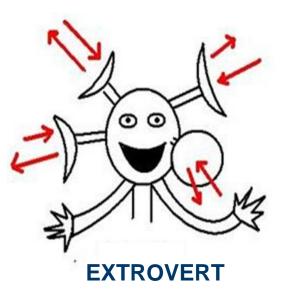
- Predominantly introverted
- Predominantly extroverted

TRACEY GRAY

People Director at Top Right Group



TRACEY GRAY









TYPICAL PREFERENCES AND BEHAVIOURS THE ORGANISATIONAL LEVEL

Introverts

Finance Research Analysts Legal HR IT & Software Developers Engineers



Sales Marketing Traders Operations Customer Service Management Consultants Property Agents.....

Reflective Cerebral Bookish Serious Sensitive Unassuming Thoughtful Contemplative Inner-directed Introspective Subtle Modest Shy Calm Risk-averse Solitude-seeking Thin-skinned

Ebullient Expansive Sociable Gregarious Excitable Bold Dominant Assertive Lighthearted Thick-skinned Active Comfortable in the spotlight Risk-taking Outer-directed

INTROSPECTIVE 'MAN OF CONTEMPLATION'

INTROVERTS VS. EXTROVERTS

LIBRARIES ARE BACK IN



USED BY BOTH INTROVERTS AND EXTROVERTS AT EMAP (part of the Top Right Group)

THE NEED FOR QUIET – RED FLAGS – DO NOT DISTURB AT EMAP



KITCHEN FACILITIES – DOUBLING UP AS COLLABORATION AND QUIET AREAS AT EMAP



INTROVERTS VS.

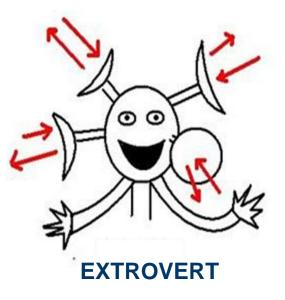
EXTROVERTS

KEN MANKE

Vice President Workplace Services at Unilever



KEN MANKE



POLL QUESTION 2:

<u>Question:</u> Do any of the following factors inhibit your <u>personal</u> productivity or ability to work effectively in your current workplace? Select all those that are applicable.

- Desk space or designated working area
 - Lack of time to think
- Lack of OR availability of quiet areas to undertake work
 - Interruptions from colleagues
 - Lack of collaboration space
 - Lack of time to collaborate
 - Environment is too noisy
 - Environment is too quiet
 - •Other

KATE MASON

Head of Design at Cushman & Wakefield



KATE MASON



INTROVERT

VARIETY OF WORK SETTINGS

INTROVERTS VS. EXTROVERTS



MAKING CALLS AWAY FROM THE OFFICE AREA





GETTING AWAY FROM THE BUZZ

INTROVERTS VS. EXTROVERTS





POLL QUESTION 3:

Question: Do any of the following factors inhibit your <u>team's</u> productivity or ability to work effectively in your current workplace? Select all those that are applicable.

Desk space or designated working area

Lack of time to think

- Lack of OR availability of quiet areas to undertake work
 - Interruptions from colleagues
 - Lack of collaboration space
 - Lack of time to collaborate
 - Environment is too noisy
 - Environment is too quiet
 - Other

THE INTROVERT'S OFFICE







THE EXTROVERT'S OFFICE







QUESTIONS TO THE PANEL



A message from Susan Cain to us all...

"Go to the wilderness – unplug and get inside your own heads" – Susan Cain